

# Edinburgh Perinatal Depression Scale

Symptoms of postpartum blues can vary significantly from one individual to another, and from one pregnancy to the next. Many symptoms of postpartum blues overlap both with normal symptoms experienced by new parents and with postpartum depression. Individuals...  
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Evolutionary approaches to postpartum depression evidence of functionality. [citation needed]  
Postpartum depression (PPD), also known as perinatal depression, is a mood disorder which may be experienced by pregnant For evolutionary theory, postpartum depression is of interest due to its

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relatively high rates and seemingly universal expression, which may provide evidence of functionality

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Although the exact cause of PPD is unclear, it is believed to be due to a combination of physical, emotional, genetic, and social factors such as hormone imbalances and sleep deprivation. Risk factors include prior episodes of postpartum depression, bipolar disorder, a family history of depression, psychological stress, complications of childbirth, lack of support, or a drug use disorder. Diagnosis is based on a person's symptoms. While most women experience a brief period of worry or unhappiness after delivery, postpartum depression should be suspected when symptoms are severe and last over two weeks.

bb519a6e21 Marga Ingeborg Thome was born in Oberlöstern, Wadern, Germany, on 17 July 1942. She completed A-levels with the Ketteler Kolleg, Mainz, Germany, finished nursing school in 1963 at

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the Universitätskliniken Homburg, Saar, Germany, and midwifery school in 1965 at the Kantonales Frauenspital, Bern, Switzerland. She completed studies as a teacher in nursing in 1973 in Heidelberg, Germany, a Diploma of Advanced Nursing Studies and a master's degree in 1977 from Victoria University in Manchester, England and acquired a doctoral degree (PhD) from Queen Margaret University and Open University in Edinburgh, Scotland, in 1997. She is a citizen of Germany and Iceland and has resided in Iceland since 1973. bb519a6e21 Commonly, symptoms involve how the patient views herself, how she feels about going through such a life changing event, the restrictions on the mother's lifestyle that motherhood will place, or how the partner or family feel about the baby. Pregnancy places significant strain on a woman's body, so stress, mood swings, sadness, irritability, pain... bb519a6e21

Edinburgh Postnatal Depression

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Scale Items of The Edinburgh Postnatal Depression Scale (EPDS) is a 10-item questionnaire that was developed to identify women who have postpartum depression. Higher scores indicate more depressive symptoms. Overall assessment is done by total score, which is determined by adding together the scores for each of the 10 items. Items of the scale correspond to various clinical depression symptoms, such as guilt feeling, sleep disturbance, low energy, anhedonia, and suicidal ideation. The Edinburgh Postnatal Depression Scale (EPDS) is a 10-item questionnaire that was developed to identify women who have postpartum depression

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The Edinburgh Postnatal Depression Scale was first developed (1987) by Scottish health centres in Edinburgh and Livingston. bb519a6e21 The EPDS may be used within 8 weeks postpartum and it also can be applied for depression screening

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during pregnancy. bb519a6e21 ==  
Background == bb519a6e21

Postpartum depression Symptoms include extreme sadness, low energy, anxiety, crying episodes, irritability, and extreme changes in sleeping or eating patterns. Postpartum depression (PPD), also known as perinatal depression, is a mood disorder which may be experienced by pregnant or postpartum women. PPD can also negatively affect the newborn child. Symptoms Postpartum depression (PPD), also known as perinatal depression, is a mood disorder which may be experienced by pregnant or postpartum women bb519a6e21

Postpartum care 62, 95% CI 0. telephone-based nursing was associated with scores on the Edinburgh Postpartum Depression Scale (EPDS) in the 10 to 12 range (RR 0. 24 to 1 bb519a6e21

Marga was a part-time teacher in nursing with the University of

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Iceland from 1974–1975. In 1977, she received the first chair in nursing as an Assistant Professor with the Department of Nursing. In 1980, she was promoted to Associate Professor and in 2006 to full... bb519a6e21

Postpartum blues Treatment is supportive, including ensuring adequate sleep and emotional support. Up to 85% of new mothers are affected by postpartum blues, with symptoms starting within a few days after childbirth and lasting up to two weeks in duration. tools, such as the Edinburgh Postnatal Depression Scale (EPDS) and Beck Depression Index (BDI), as well as developing blues-specific scales. Examples of blues-specific Postpartum blues, also known as baby blues and maternity blues, is a very common but self-limited condition that begins shortly after childbirth and can present with a variety of symptoms such as mood swings, irritability, and tearfulness. It is unclear whether the condition can be prevented, however

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education and reassurance are important to help alleviate patient distress. If symptoms are severe enough to affect daily functioning or last longer than two weeks, the individual should be evaluated for related postpartum psychiatric conditions, such as postpartum depression and postpartum anxiety. Mothers may experience negative mood symptoms mixed with intense periods of joy

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== History == bb519a6e21

Among those at risk, providing psychosocial support may be protective in preventing PPD. This may include community support such as food, household chores, mother care, and companionship. Treatment for PPD may include counseling or medications. Types of counseling... bb519a6e21

Antenatal depression The child is less active and can also experience emotional distress. It is estimated that 7% to 20% of pregnant women are affected by this condition. Any

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form of prenatal stress felt by the mother can have negative effects on various aspects of fetal development, which can cause harm to the mother and child. Antenatal depression, also known as prenatal or perinatal depression, is a form of clinical depression that can affect a woman during pregnancy, and can Antenatal depression, also known as prenatal or perinatal depression, is a form of clinical depression that can affect a woman during pregnancy, and can be a precursor to postpartum depression if not properly treated. Antenatal depression can be caused by the stress and worry that pregnancy can bring, but at a more severe level. Even after birth, a child born from a depressed or stressed mother feels the effects. Other triggers include unplanned pregnancy, difficulty becoming pregnant, history of abuse, and economic or family situations

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Marga Ingeborg Thome Linda  
Marga Ingeborg Thome (born 17



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July 1942) is a German-Icelandic nursing scholar. In 2010, Marga was awarded the Knight's Cross of the Icelandic Order of the Falcon. She is a professor emerita at the University of Iceland. J Clin Psychiatry (754):393–398. pregnant women with depressive symptoms identified by the Edinburgh Postnatal Depression Scale[permanent dead link] bb519a6e21

Childbirth in Japan have postpartum depression. A study from 2008 found that Japanese pregnant women who scored high on the Edinburgh Postnatal Depression Scale (EPDS) and the bb519a6e21

Nipple pain in breastfeeding 2016). "Reliability and validity of the Edinburgh Postnatal Depression Scale (EPDS) for detecting perinatal common mental disorders (PCMDs) among women bb519a6e21

The Edinburgh Postnatal

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Depression Scale is a widely used depression screening tool, which has been adapted and validated in many languages. Signs and symptoms Biography

Psychology JAMA Network Open. "Risk of Depression in the Adolescent and Adult Offspring of Mothers with Perinatal Depression". 3 (6): e208783. Selvaraj, Sudhakar (2020)

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